

<b>ISTANBUL 29 MAYIS UNIVERSITY COURSE DESCRIPTION</b>			
FACULTY :	FACULTY OF LITERATURE		
DEPARTMENT :	PSYCHOLOGY		
COURSE TITLE:	ABNORMAL PSYCHOLOGY I		
COURSE CODE:	PSY 301	SEMESTER: FALL	1ST (FIRST)
CREDIT:	3 CREDITS / 5 ECTS	T+P (HOURS):	3+0
COURSE TYPE:	MUST COURSE	LANGUAGE OF INSTRUCTION:	English
PREREQUISITES:	NONE		
INSTRUCTOR:	Assoc. Prof. Dr. Nesrin DUMAN		
COURSE CONTENT:	<p>This course provides an introduction to the scientific study of mental disorders. DSM-5-TR will be used within the scope of the course. The course will begin with the controversial definition of abnormality and explain how the abnormality is assessed clinically and diagnosed. The historical approach to abnormality, theories, and approaches to the treatment of abnormal behavior will be explained.</p> <p>This course will explain the symptoms, classification, prevalence, etiology, and treatment of mental health disorders, including Neurodevelopmental Disorders, Schizophrenia Spectrum and other Psychotic Disorders, Bipolar and Related Disorders, Depressive Disorders, Anxiety Disorders, Obsessive-Compulsive and Related Disorders, Trauma and Stressor-related Disorders, and Personality Disorders. Applications of this information to the practice of clinical psychology will be discussed throughout the course.</p>		
COURSE OBJECTIVES :	This course aims to study the classifications and descriptions of mental disorders in DSM-5-TR. In addition, the course will teach how mental disorders are assessed and treated with evidence-based practices.		
<b>LEARNING OUTCOMES OF THE COURSE:</b>			
<b>Learning Outcomes (LO)</b>			<b>ÖY</b>
The students who succeeded in this course should be able to:			
LO - 1:	Provide an overview of psychopathology		1,3
LO - 2:	Explain the basic definitions		1,3
LO - 3:	Discuss the research methods for studying mental disorders		1,3
LO - 4:	Understand historical and contemporary views of abnormal behavior		1,3
LO - 5:	Provide information about clinical assessment		1,3
LO - 6:	Discuss evidence-based treatment options		1,3
LO - 7:	Understand how to accurately rule out diagnosis		1,3
LO - 8:	Be able to discuss symptoms and classifications of mental disorders		1,3

LO - 9: Be able to discuss prevalence and etiology of mental disorders	1,3
LO-10: Learn the evidence based treatment of mental disorders	1,3
<b>AM : Assessment Methods and Criteria: Midterm Exam (1), Final Exam (1)</b>	
<b>MODE OF DELIVERY:</b> Face to face	
<b>PLANNED LEARNING ACTIVITIES AND TEACHING METHODS:</b> Learning centered, project oriented, research based, differentiated, scenario- based, hands-on, team work, presentations.	

Contribution of Learning Outcomes to Programme Outcomes		Cont. Level (*)		
		1	2	3
PO-1	Define the basic concepts and terms of psychology.			X
PO-2	Gain insight of basic concepts, theories, different approaches and perspectives of psychology.			X
PO-3	Analyze the scientific groundings of psychology as a discipline and how the behavioral and cognitive processes are considered within a historical perspective and know how they are analyzed and also have an awareness of the nature of the psychology discipline.		X	
PO-4	Gain knowledge about history of psychology; gain an awareness of the development of the methods of psychology, the theoretical discrepancies of psychology disciplines, know relevant fields of psychology, links the topics of psychology with the other scientific fields.		X	
PO-5	Gain knowledge of significant emphasis of core theoretical approaches and perspectives (behavioral, biological, cognitive, revolutionary, humanistic, psychodynamic and sociocultural), compare them and define the similarities, differences, contributions and limitations.		X	
PO-6	Compare the assumptions, methods and basic variables between psychology and other fields.	X		
PO-7	Describe the contributions of psychological approaches to other disciplines, interdisciplinary views and approaches.			X
PO-8	Have an awareness and sensitivity of the developments, research, issues and application in the field of psychology in Turkey.		X	
PO-9	Meet different applied fields that will be the basis of post-graduate education, have basic application skills that are relevant with the graduate education.		X	
PO-10	Have an awareness of basic principles of psychological evaluation; gain awareness about the limits and contributions of the evaluation process. Gain knowledge of frequently used psychological measures.		X	
PO-11	Have basic interview skills when applying different psychology practices.	X		
PO-12	Gain insight into how the differences between age, gender, race, ethnical group, national identity, religion, sexual orientation, disability and socioeconomic status will not be a cause of prejudice when practicing psychology.			X

(\*) 1: Low 3: High

**COURSE OUTLINE**

<b>1.WEEK</b>	Review of syllabus
<b>2.WEEK</b>	Defining Abnormality <i>Abnormality Along the Continuum</i> <i>The 4 Ds of Abnormality</i> Historical perspectives of abnormality <i>Biological, supernatural and psychological theories</i> Defining Mental Disorder General overview of DSM-5-TR <i>Clinical Assessment and Diagnosis</i>
<b>3.WEEK</b>	Neurodevelopmental Disorders
<b>4.WEEK</b>	Schizophrenia Spectrum and Other Psychotic Disorders
<b>5.WEEK</b>	Obsessive-Compulsive and Related Disorders
<b>6.WEEK</b>	Personality Disorders
<b>7.WEEK</b>	Personality Disorders Case evaluations
<b>8.WEEK</b>	<b><i>Visa exam week</i></b>
<b>9.WEEK</b>	Bipolar and Related Disorders
<b>10.WEEK</b>	Depressive Disorders
<b>11.WEEK</b>	Anxiety Disorders
<b>12.WEEK</b>	Trauma and Stressor-Related Disorders
<b>13.WEEK</b>	Trauma and Stressor-Related Disorders
<b>14.WEEK</b>	Case evaluations
<b>15. WEEK</b>	General Review Course Wrap-Up Course Evaluations
<b>16. WEEK</b>	<b><i>Final exam week</i></b>

REQUIRED TEXTBOOK(S) / COURSE MATERIAL(S)	
[1]	American Psychiatric Association (2022). <i>Diagnostic and statistical manual of mental disorders</i> (5th ed. Text Revision). Washington: American Psychiatric Association Publishing.
[2]	Barlow, D. H., Durand, V. M., Hofmann, S. G., & Lumiere, M. L. (2020). <i>Abnormal psychology: An integrative approach 6th Canadian edition</i> [6th Canadian ed.] Nelson Cengage Adapted.
[3]	Butcher, J. M. K., Hooley, J. M., Mineka, S. (2018). <i>Abnormal psychology</i> . Harlow: Pearson Education, Inc.
[4]	Nolen-Hoeksema, S. (2020). <i>Abnormal psychology</i> . [8th ed.] Mcgraw hill Education.

RECOMMENDED COURSE MATERIAL(S)	
[1]	Becker-Haimes, E.M., Okamura, K. H., Wolk, C B., Rubin, R., Evans, A. C., Beidas, R. S. (2017). Predictors of clinician use of exposure therapy in community mental health settings. <i>Journal of Anxiety Disorders</i> , 49, 88-94.
[2]	Kring, A. M., Johnson, S. L., Davidson, G. C. ve Neale, J. M. (2023). <i>Anormal Psikoloji – Psikopatoloji</i> . (Şahin, M. Çev.) İstanbul: Nobel Akademik Yayıncılık.
[3]	Morrison, J. (2017). <i>DSM-5'i kolaylaştıran "Klinisyenler için tanı rehberi"</i> . (Şahin, M. ve Kural, H. U., Çev.). İstanbul: Nobel Akademik Yayıncılık.
[4]	Oltmanns, T. F., Martin, M. T., Neale, J. M. ve Davidson, G. C. (2017). <i>Anormal psikolojide vaka çalışmaları</i> . (Şahin, M., Çev.). İstanbul: Nobel Akademik Yayıncılık

EVALUATION METHODS:		NUMBER	PERCENT. (%)
		Midterm/ Presentation	1
	Final exam	1	60



T.C.  
İSTANBUL 29 MAYIS ÜNİVERSİTESİ  
EDEBİYAT FAKÜLTESİ  
PSİKOLOJİ BÖLÜMÜ

<b>ECTS Workload Calculation Table</b>			
<b>Activity</b>	<b>Time Period (hours/unit)</b>	<b>Quantity</b>	<b>Total Workload Hours</b>
Face to face education	3	16	48
Preparation for class	3	16	48
Preparation for midterm	6	1	6
Midterm exam/presentation	1	1	1
Prep. For the Final Examination	12	1	12
Final	1	1	1
<b>Total Workload</b>			<b>116</b>
<b>Total Workload / 25,5 (h)</b>			
<b>Number of ECTS Credits Allocated</b>			<b>5</b>